

Psychology Alumnus Testimonial

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"I learned many things throughout my time spent at UPG. I would say the one thing that UPG has taught me that I will never forget is the truth behind the statement 'You can do anything you set your mind to do'. Succeeding in college definitely takes a lot of time and effort. There will be times that are overwhelming; however, with the help of the professors and the right mind set, you can succeed. UPG has also helped me grow as a person and has taught me many life skills. I am proud to say that I graduated from UPG with high honors, and I will never forget my experience and the life skills I learned at UPG."

— Alisha Paxon, Class of 2015

Alisha Paxon is a 2015 psychology graduate, who took courses in Behavior Analysis. She will be attending Pennsylvania State Harrisburg in the fall of 2015 to obtain a Master's Degree in Behavior Analysis. Alisha was a teaching assistant for Dr. Phillips' Health Psychology class, and she interned at the Children's Institute helping persons with Prader Willi Syndrome and feeding disorders. Alisha was involved in Active Minds, Psi Chi, Youth Mental Health First Aid, Suicide Prevention, Simulation of Voices Training, and Jump into the Streets. Alisha says