# INTERNSHIP SPOTLIGHT

# **Conner Brown**

**Graduation Semester & Year**: Fall 2023 Semester & Year of Internship: Spring 2023

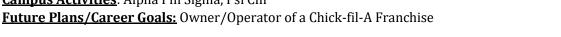
**Major**: Criminal Justice **Minor**: Psychology

Hometown: Greensburg, PA

Hobbies: Running, Playing Music, Training Director at Chick-fil-A Eastgate Plaza and

Westmoreland Mall

**Campus Activities**: Alpha Phi Sigma, Psi Chi





Big Brothers Big Sisters of Laurel Region/Intern

## How did you find your internship?

I found my internship through an email from Kristen Stratton (thank you!). I went on their website to find out more about their agency and contacted the Program Manager, for more information.

## What were your duties?

I got to learn a variety of skills, everything from business operations, to marketing, to researching statistics and reference calls. I went into schools and talked to at risk-youth and helped build connections with them.

## How many hours per week were you at your internship site?

8 hours per week, Tuesdays and Thursdays only. Very flexible for my schedule as I manage two restaurants and was taking 5 other classes.

#### What did you enjoy most about your internship?

I enjoyed the relationships that I made through the agency, both with their staff and the kids I got to meet.

### What was the most difficult aspect of the internship?

I never knew what to expect day by day. However, they wanted to give intern's a more structured experience after me, so we worked together to organize stuff for future interns!

## How did your experience at UPG and in the Criminal Justice department prepare you for your internship?

It gave me the social skills necessary to accept new ideas and be a versatile asset to my intern site

#### How has your internship prepared you for a career?

It has given me connections to fall back on if I decide to fall back on a career in social work. It has also helped me adapt to new environments.

### What recommendations do you have for other students about doing an internship?

Be flexible, have no expectations, and be ready to help wherever they need you!

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