

WHAT IS THE DIFFERENCE BETWEEN.....



Question	Internship for Credit	Internship-No Credit	Part-time job
<i>Number of Credits</i>	Earn 1-3 credits per internship –Letter graded or S/N (pass/fail). *Up to 6 credits of interning max-check with faculty *Requirement to graduate for some majors	No credit	No credit
<i>How many hours would I need to work?</i>	40 hours per each credit. 120 hours for 3 credits. (Average 8-10 hrs./week)	Whatever is agreed upon with supervisor at internship site	Whatever is worked out upon employment
<i>How do I start the process?</i>	Completed through Career Services and Faculty from your Dept. /Identify internship site and apply. Once you have approval and internship, complete Class Permission Override & Internship Agreement	Identify an internship site and apply	Identify a job site and apply
<i>Who Supervises me?</i>	Faculty sponsor and on site supervisor	On site supervisor	On site supervisor
<i>What coursework is required in addition to work at the site?</i>	Depends on your major and sometimes what the internship site is requiring. Typically internships are completed Sophomore, Junior or Senior year.	None, unless internship site is requiring certain courses	None
<i>What insurance am I covered by?</i>	University of Pittsburgh's liability insurance policy	Your own	Your own
<i>Is it paid?</i>	Depends on the site *UPG Psychology majors cannot earn credit AND be paid	Depends on the site	Yes
<i>GPA requirement?</i>	Check with your faculty sponsor Can also depend on the internship site	Depends on the site	Depends on the site
<i>Briefly, what are the pros & cons?</i>	<ul style="list-style-type: none"> • Emphasis on professional development • Supervised guidance • Connecting the internship to your career plans • Covered by UPG liability insurance • Advisor who can provide on-going professional feedback • Academic credit AND experience 	<p><u>Pro:</u> Any experience is valuable and looks good on a resume</p> <p><u>Con:</u> No liability insurance coverage</p>	<p><u>Pro:</u> \$\$</p> <p><u>Con:</u> The experience is not necessarily providing career-enhancing opportunities. (The job site is not required to provide you with learning opportunities).</p>

For questions, contact Internship Coordinator, Kristen M. Stratton: kms298@pitt.edu, 724.836.7575

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