

Examples of Healthcare-Related Resources

(Mentoring/Shadowing/Volunteer Work/Professional Development)

In addition to these, please research professional associations in your field of study for experiential and mentoring opportunities.

- Virtual shadowing: <https://virtualshadowing.com>
(May not count as virtual shadowing - rather related professional development)
- Guidance/Suggestions – Physician Assistant
<https://paeaonline.org/virtual-shadowing-helping-students-prepare-for-pa-school-applications-during-covid-19/>
- PA Shadow Online: <http://pashadowonline.com/paso/>
- Guidance from Pitt Medical School: <https://www.medschool.pitt.edu/supporting-our-community>
- Brainterns Summer Series to help students learn more about careers in the healthcare industry (link to sign up under description): <https://www.facebook.com/groups/1624880301009800/>
- Certificates through Saylor.org: <https://learn.saylor.org/?redirect=0>

Mentoring

- [7 Cups](#) is searching for volunteers to be an online emotional support person.
- [Be My Eyes](#) is a free mobile app with one main goal: to make the world more accessible for blind and low-vision people. The app connects blind and low-vision individuals with sighted volunteers from all over the world through a live video call.
- [Big Brothers Big Sisters](#)
- [Career Village](#) is an online platform where students ask career questions that are answered by people working, or that have worked, in that field. All you need is a LinkedIn account to start helping students become better informed about the career decisions they are facing.
- [Granny Cloud](#) is looking for volunteers to provide learning and encouragement to children around the world via Skype and their website.
- [Strive for College](#) is searching for volunteers to help aspiring college students through the entire college admissions and financial aid application process. To become a Strive for College volunteer, you simply need to [create a profile](#) on Strive's site, complete a background check (\$40) and do a one-hour training before being connected with students interested in your support.
- [Student Conservation Association](#)
- [Teach for America](#)
- [Trevor Project](#) is an online, social networking community for lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth ages 13-24, and their friends and allies. Online volunteers monitor the TrevorSpace site in an effort to maintain a safe online space for young LGBTQ people.

Healthcare-Related Volunteering

- [AARP](#)
- [American Cancer Society](#)
- [American Red Cross](#) always has needs for volunteers to act as digital advocates. Volunteers can help generate donations to the Red Cross while shopping for themselves online or by setting up online fundraisers or by spreading awareness through social media.
- Blackburn Center – Medical advocates, crisis hotline volunteering, etc.
- Care Connections Caller: <https://www.community.pitt.edu/volunteer/care-connection-callers>
- Community Technology Help Desk Volunteer through Pitt: <https://www.community.pitt.edu/volunteer/tech-support>

- [Crisis Text Line](#) is a free 24/7 national crisis-intervention and counseling service conducted exclusively through SMS text. Prospective volunteers go through screening and lengthy self-paced training. Once completed, volunteer's sign-up to take one four-hour shift each week for a year.
- [FCANCER](#)
- [FEMA](#)
- [Foundation for International Medical Relief of Children](#)
- [GoOverseas](#) – Virtual volunteer abroad opportunities
- [Highmark Health Caring Corps](#), Employees are connected with volunteer opportunities through [VolunteerMatch](#) to assist nonprofit organizations and the community.
 - <https://www.blackburncenter.org/how-we-can-help>
- [National HealthCorps](#)
- [RAINN](#)
- [Storiitime](#) – read stories/books to seniors
- Virtual Community Tech Support Volunteer: <https://www.community.pitt.edu/volunteer/care-connection-callers>
- [Volunteer Match](#)

Research

- [Amnesty International](#) – research related to human rights violations
- [Cyclone Center](#) needs volunteers to look at satellite images of storm and help researchers predict cyclone behavior.
- [eBird](#) is looking for volunteers to track birds.
- [Project Implicit](#) is seeking volunteers to help Harvard researchers learn the best ways to break down stereotypes by taking tests.
- [Zooniverse](#) is searching for volunteers to identify New York Wildlife, map our galaxy or assist researchers in many other ways.

Summer Undergraduate Research Opportunities & Related Experiences

- AAMC: <https://www.aamc.org/professional-development/affinity-groups/great/summer-undergrad-research-programs>
- American Veterinary Association: <https://www.avma.org/javma-news/2017-11-15/summer-research-student-scholarship-application-period-open>
- APA: <https://www.apa.org/ed/precollege/psn/2016/01/summer-programs>
- Biomedical: <https://somgrad.pitt.edu/programs/summer-research/summer-undergraduate-research-program~>
- [Healthcare Futures](#) – Pittsburgh-based internships, fellowships, research opportunities, and more through the Jewish Healthcare Foundation
- [HOSA](#) – List of healthcare-related internships
- [Online Medical Spanish Programs](#) - Classes for careers in nursing, emergency response, medical assistant, physical therapy, medical receptionist, and occupational therapy
- Pathology Graduate Training Program: <https://path.upmc.edu/cmp/cmp-sum.htm>
- [Pitt Summer Edge](#)
- VCSST Student Experience: <http://vcsst.com/about-us/vcsst-student-internship-and-shadowing-program/>
- Veterinary: <https://www.vet.upenn.edu/education/vmd-admissions/summer-vets> (Information is not yet updated for the Summer 2021)

Please Note: This list includes external sites whose organizations offer individuals volunteer, shadowing, and mentoring opportunities. In an attempt to get this information to you, our students, as quickly as possible, the University has not had time to visit each external sites or investigate the background of their parent organizations. The University does not endorse or approve of any of the products, services, service opportunities, or opinions of the organizations whose external links are included. The University bears no responsibility for the accuracy, legality or content of the included external sites or for that of any subsequent links including within those external sites.