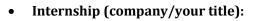
## **INTERNSHIP SPOTLIGHT**

## **Olivia Coffman**

Graduation Semester & Year: Spring 2021Semester & Year of Internship:Fall 2020Major: PsychologyMinor: Clinical Psychology & SociologyHobbies: PaintingCampus Activities: N/AFuture Plans/Career Goals:Attending Chatham University for my Masters in ClinicalPsychology



Forge Health (formerly known as Strive Health)/Intern (now Assistant Office Manager)

• How did you find your internship?

Through the Career Services Department (Kristen Stratton/Internship Coordinator)

• What were your duties?

I observed Intensive Outpatient Group Sessions, intake assessments, and clinical rounds. I was also scheduling assessments and involved in collecting drug screenings.

• How many hours per week were you at your internship site?

Approximately 12 hours per week

• What did you enjoy most about your internship?

The group effort involved in getting a client the proper treatment necessary.

• What was the most difficult aspect of the internship?

Learning how to communicate with clients on such serious topics and aspects of their lives

## • How did your experience at UPG and in the Psychology department prepare you for your internship?

Pitt prepared me to work with others in a professional setting and gave me the skills to do so. My major helped with the more clinical aspect of treatment and involvement alongside the clinicians.

• How has your internship prepared you for a career?

My internship has given me valuable work experience and connections to those in this field.

• What recommendations do you have for other students about doing an internship?

I would highly recommend starting an internship as soon as possible. Not only was it helpful for the future but was helpful in the classes I was taking.

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